

FOR IMMEDIATE RELEASE

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GO BACK TO COLLEGE FOR A DAY WITH ONE DAY UNIVERSITY AT THE NATIONAL CONSTITUTION CENTER

*Renowned professors from Yale, Columbia, Villanova, and Penn
to give their best one-hour lectures*

Philadelphia, PA (April 26, 2010) – Acclaimed professors from leading universities across the country will join the National Constitution Center on Sunday, May 16, 2010 to deliver their best one-hour lectures, as part of the Center's ongoing partnership with One Day University. The event will take place from 9:00 a.m. to 2:00 p.m. Admission, which also includes the opportunity to view the Center's *Ancient Rome & America* exhibition, is \$99 when using the code NC99 to redeem a discount on the regular \$199 price. Registration is required at 1.800.651.1361 or www.OneDayU.com.

One Day University provides working adults who have a passion, but not the time, for college-level learning, with an unparalleled opportunity to learn from the nation's most acclaimed professors. One Day University selects speakers by visiting top universities in search of professors who have won numerous teaching awards and have received the best evaluations from students.

Participants will choose three of the following 60-minute lectures:

History

Instructor: Akhil Amar, Yale University, recipient of the DeVane Award for Outstanding Teaching

Course 1: The Untold Story of the Constitution

Few documents in human history have been as momentous or as thoroughly studied as the American Constitution, but at its inception, the Constitution was far more democratic and pro-slavery than most citizens realize. Knowledge of the framers' deep concerns

about executive power and national security is essential to a true understanding of the Constitution. Yale's Akhil Amar will analyze the relevance of these issues for the United States today.

Course 2: What Almost Nobody Knows about American Presidents

What we think we know from elementary school, high school, and college may not be quite accurate. The true history of the United States is often reflected in little known facts about our leaders and the political institutions that brought them to power. This surprising lecture will demonstrate how many of our best-known presidents were motivated by unexpected developments that have rarely been analyzed in traditional historical analysis.

Akhil Reed Amar is the Sterling Professor of Law and Political Science at Yale University. He teaches constitutional law to both undergraduates and law students, and is the recipient of the William Clyde DeVane Medal for Undergraduate Teaching Excellence. Amar is considered one of the nation's leading scholars on the Constitution, and has written extensively on the subject for *The Wall Street Journal*, *The New York Times*, *The Washington Post*, and *The New Republic*. He is also the author of *America's Constitution: A Biography*.

Astronomy:

David Helfand, Columbia University, recipient of the Society of Columbia Graduates Great Teacher Award

What We Know (and Don't Know) about the Universe

In our current, unprecedented astronomical era we can witness colliding galaxies, explore stellar nurseries, see gravitational lenses, and literally observe the past unfold—thanks to powerful tools like the Hubble Space Telescope. The light that falls on these telescopes has often traveled billions of years before ultimately reaching Earth, but it is in this same light that we can read the life cycles of stars and recount the entire history of the cosmos. This visually rich lecture allows participants to travel with Professor Helfand on a unique tour of space and time.

David Helfand is chair of the Astronomy Department at Columbia University, as well as the co-director of the Columbia Astrophysics Laboratory. Recently, he has been instrumental in the creation of general education science classes, developing a course – *Frontiers of Science* – which has subsequently become part of Columbia's core curriculum.

Psychology:

Andrew Shatte, University of Pennsylvania (2000-2006), University of Arizona (present), recipient of the Dean's Award for Distinguished Teaching

The Psychology of Resilience: Why Some of Us Thrive While Others Do Not

Resilience is the foundation of success and happiness. The good news is that it can be measured and augmented. This lecture/workshop gives participants the chance to discover their own level of resilience across seven key factors. Participants will learn about the thinking traps that many people routinely fall into and how to avoid them. They will also concentrate on the positive aspects of resilience—how to tap into positive thoughts, capitalize on positive "Iceberg beliefs," and how to examine connections to create greater meaning at work and at home.

Andrew Shatte taught at the University of Pennsylvania until 2006, and his classes virtually "sold out" overnight. He was voted by the students as the outstanding Arts and Sciences professor and also received the Dean's Award for Distinguished Teaching. He recently relocated to the University of Arizona.

Philosophy:

Tamar Gendler, Yale University, recipient of the Moore Award for Innovative Teaching

Five Ancient Secrets to Modern Happiness

What are the secrets to authentic happiness? How is it possible to live a good life? What sorts of activities and experiences contribute to humans flourishing? Participants are invited to take a fascinating tour through 2,500 years of thought on these questions. Tying together cutting-edge work in contemporary psychology and neuroscience with the profound writings of ancient philosophers, this lecture will show participants how deep reflection on central questions can make life more meaningful and fulfilling.

Tamar Gendler is a professor of philosophy and Chair of the Cognitive Science Program at Yale University, where she teaches a popular freshman seminar titled "Life Lessons: What Philosophers Got Right about the Human Condition." Gendler's cutting-edge interdisciplinary courses draw students from throughout the university. Her contributions have been recognized with fellowships from the National Science Foundation, the National Endowment for the Humanities, the Mellon Foundation, the American Council of Learned Societies, and the Collegium Budapest.

Political Science:

Brian Jones, Villanova University, recipient of the Linback Outstanding Professor Award
Is America in Decline?

Many Americans view our society as special due to its public institutions. Our constitutional democracy and capitalist economy are indeed fundamental features of America's distinctiveness. These basic social structures are like the skeleton of the USA, but what is going on inside them? Using 35 years of survey research, Professor Jones will serve as a sociological EKG in diagnosing the heart of American society.

Brian Jones has been a professor of sociology at Villanova University since 1976. A recipient of the Lindback Award for Distinguished Teaching, he currently offers courses on research methods, social problems, and introductory sociology. Jones is a Philadelphia native who earned his B.A., M.A. and Ph.D. degrees at the University of Pennsylvania.

The National Constitution Center, located at 525 Arch St. on Philadelphia's Independence Mall, is an independent, nonpartisan, nonprofit organization dedicated to increasing public understanding of the U.S. Constitution and the ideas and values it represents. The Center serves as a museum, an education center, and a forum for debate on constitutional issues. The museum dramatically tells the story of the Constitution from Revolutionary times to the present through more than 100 interactive, multimedia exhibits, film, photographs, text, sculpture and artifacts, and features a powerful, award-winning theatrical performance, "Freedom Rising." The Center also houses the Annenberg Center for Education and Outreach, which serves as the hub for national constitutional education. Also, as a nonpartisan forum for constitutional discourse, the Center presents – without endorsement – programs that contain diverse viewpoints on a broad range of issues. For more information, call 215.409.6700 or visit www.constitutioncenter.org.

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